



MONARK RC6

MAIN FEATURES

- Designed for external control
- Monark novo touch display
- Monark novo Control unit
- Super fast motor
- Easy entry recumbent frame
- Calibrated watt in display
- Swivel seat

THE BASICS

- Speed independent and dependent power control
- Easy to control and calibrate
- Can be controlled by two external devices (RS232 or USB) or bike display
- Resistive LCD Touchscreen
- BLE Smart and ANT+ HR systems
- Easy to connect to external devices
- Workload range 4-1400 W (200 rpm)
- Protocols: Depending on external device functionality
- Training mode: Watt, KPM/min, VO2, kP and N



Max user weight 250 kg

Medical Device class IIa

Monark Test Software

Specifications

MONARK RC6

Certifications	EU directive 93/42/EU class IIa
Frame	
Type	Recumbent
Handlebar	Recumbent handlebar
Stem	n/a
Seatpost	n/a
Saddle	Recumbent seat
BB	68/122 mm
Crank	Steel, 170 mm
Pedals	9/16", pedals with foot straps
RESISTANCE	
System	Pendulum
Flywheel	20 kg
DISPLAY	
RPM	Yes
HR	ANT+, bluetooth smart
Time	Yes
Speed	Yes
Distance	Yes
Watt	Yes
Connectivity	
RS232	Yes
Usb	Yes
WEIGHT & MEASUREMENTS	
Max user weight	250 kg
Length [mm]	1900 mm
Width [mm]	680 mm
Height [mm]	1065 mm at display 1000 mm at seat
Weight [kg]	87 kg
POWER REQUIREMENTS	220V (12V, 5,0A)



ECG

Can be controlled from different ECG brands either analogue or digital



FIXED PROTOCOL

For test or training controlled through the display or PC program



PC CONNECTION

Direct connection to PC through a serial cable.



SOFTWARE

For fitness testing and in some cases, even training can be used with this model.



HEART RATE

Equipped to measure heartrate via chestbelt.



TEST

Offers the possibility of performing different tests thanks to the accurate workload which can be calibrated.



CONSTANT POWER MODE

Symbol for speed independent.

MEDICAL CE

Monark Exercise AB is since 1992 ISO 9001 certified. All models are:

- Approved under CE Certificate No. 15 36 01 (MDD IIa)
- Anti-corrosion treated and powder coated
- Made in Sweden